

# Athletics

## Health & Safety Plan

### Recommendation to the Receiver

Tuesday, July 28, 2020

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- Purpose of the Presentation
- Charge from the State
- Reopening Protocols
- Recommendation for Return to Sports



- On June 10, 2020, the Pennsylvania Department of Education requested that all school districts create an Athletics Health and Safety Plan.
- Each district in the state of Pennsylvania, including Chester Upland School District, is expected to develop this plan in collaboration with community stakeholders to commence sports in the Fall.



- Reviewed the guidelines and recommendations from the Centers for Disease Control and Prevention (CDC), Pennsylvania Department of Education (PDE), Crozer Sports Medicine Team, Pennsylvania Interscholastic Athletic Association (PIAA), National Federation of State High School Associations (NFHS), and Pennsylvania’s Department of Health.
- Anticipated Start Date for all Fall Sports: August 3, 2020
- Fall Sports include:
  - Football
  - Soccer
  - Cross Country
  - Tennis
  - Volleyball
  - Cheerleading



## Green Phase

- All coaches and students will be screened for signs/symptoms of COVID-19 prior to workouts, practices, scrimmages, and games.
- No gatherings of more than 250 people.
- Sports-related activities are limited to student athletes, coaches, officials, and staff only.
- Student athletes will be assigned to groups (no greater than 4 members per group). The ratio of student athlete-to-coach is 4:1.
- Six feet of social distancing required at all times when feasible (including transportation).
- Masks will be required except when involved in vigorous physical activity.



## Green Phase

- Moderate risk sports' practices and competitions may begin (e.g., basketball, baseball, and soccer).
- Modified practices may begin for Higher risk sports (e.g., football and competitive cheer/dance)
- Evaluate research, data, and experiences in other states and other levels of competition to determine when Higher risk sports' competition (e.g., football and competitive cheer/dance) may resume.
- Anticipated start date: August 3, 2020.



## Yellow Phase

- All coaches and students will be screened for signs/symptoms of COVID-19 prior to workouts, practices, scrimmages, and games.
- No gatherings of more than 25 people.
- Sports-related activities are limited to student athletes, coaches, officials, and staff only.
- Student athletes will be assigned to groups (no greater than 4 members per group). The ratio of student athlete-to-coach is 4:1.
- Six feet of social distancing required at all times (including transportation).
- Masks will be required except when involved in vigorous physical activity.



## Yellow Phase

- Low risk sports' practices and competitions may resume (e.g., individual running events, sideline cheer, and cross country running with staggered starts).
- Modified practices may begin for Moderate risk sports (e.g., basketball, baseball, and soccer).
- No Higher risk sports' practices or competitions permitted (e.g., football and competitive cheer/dance).





## Red Phase

- No sports-related activities, including workouts and practices, are permitted.



- Adequate cleaning schedules will be created and implemented for all athletic facilities to mitigate the spread of COVID-19.
- Prior to an individual or groups of individuals entering a facility, hard surfaces within that facility will be wiped down and sanitized (chairs, furniture in meeting rooms, locker rooms, weight room equipment, bathrooms, athletic training room tables, etc.).
- Weight equipment will be wiped down thoroughly before and after an individual's use of the equipment.
- All equipment will be cleaned and sanitized between each individual use.
- All facilities will be cleaned and sanitized upon the completion of each team's participation or prior to the start of the next activity.
- Hand sanitizer and disinfecting multi-surface wipes will be made available throughout the facility for use before, during, and after workouts.



- All student athletes, coaches, and trainers will be screened for signs and symptoms of COVID-19 prior to a workout, practice, or game. This screening includes a temperature check.
- If a student athlete, coach, or trainer displays COVID-19 symptoms, he/she will be immediately removed from the group, masked if not already, and isolated. Any person having a fever in the past 24 hours (99.5 degrees or higher), showing symptoms, or having been in contact directly or indirectly with someone who has tested positive for COVID-19 will be sent home to follow primary care physician orders.
- The parent or guardian of the student athlete displaying COVID-19 symptoms will be notified immediately.



- The Athletic Director and/or coaches are responsible for reporting any suspected cases of COVID-19 to the designated school nurse.
- The designated school nurse will report any suspected or positive cases of COVID-19 to the Chester County Health Department. They will make a joint determination about isolation or quarantine needs.
- The Chester County Health Department will conduct contact tracing.
- If multiple student athletes or coaches display symptoms, a temporary closing will be initiated for cleaning, as well as a review of team activities and protocols.

# Special Thanks To:



Dr. Carol Birks

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LaDontay Bell